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### **PARAPLEGIC TO ATTEMPT HISTORIC KILIMANJARO SUMMIT**

*Paralympic gold medalist Chris Waddell sets out to be first paraplegic to successfully summit Mount Kilimanjaro in Africa.*

Park City, UT – Chris Waddell, the most decorated male skier in Paralympic history, is set to climb Mount Kilimanjaro March 2009. If successful, Waddell will become the first paraplegic to summit the 19,340 foot Kilimanjaro, the tallest freestanding mountain in the world.

Waddell will summit Kilimanjaro in the appropriately named One-Off, a one-of-a-kind, 4-wheel handcycle propelled entirely by arm power. The One-Off provides impressive traction and control with wheels capable of maneuvering over foot-tall obstacles. “Logs or large rocks that a walker can easily step over are massive obstacles for me,” says Waddell. “My focus will be to climb the mountain one revolution at a time.”

*One Revolution* is Waddell’s motto for this expedition, and his life. “One revolution means so many things to me,” says Waddell. “One revolution of the handcycle, one revolution to change the way people see the disabled community and one revolution of the globe, which symbolizes steady, fundamental change.”

Waddell is no stranger to breaking people’s preconceptions about what paraplegics can and cannot do. As a spokesperson for the Paralympics and winner of thirteen Paralympic medals, he has used his incredible abilities to challenge others to think differently about disabled individuals. “I am climbing Kilimanjaro because I want to shine a light back on the disabled community,” says Waddell. “To show that if you really take the time to look at us, you might be surprised.”

As a promising young skier at Middlebury College in 1988, a skiing accident left Waddell paralyzed from the waist down. Determined to get back on the slopes, he mastered the monoski and spent 11 years on the US Disabled Ski Team. In addition to Waddell’s impressive athletic achievements, he has found success as a motivational speaker – traveling the globe to inspire individuals and companies with his story.

Waddell has been featured in numerous publications, including *Outside Magazine*, *Skiing*, *Ski*, *National Geographic Explorer*, and *People Magazine* named him one of “The 50 Most Beautiful People in the World.” He has also appeared on *Dateline* and *Oprah*.

The journey to Kilimanjaro’s summit will be filmed for the documentary, *One Revolution*. For more information on Waddell’s historic climb, visit [www.One-Revolution.com](http://www.One-Revolution.com).